



Grand Hotel Djibloho: The Ultimate Retreat Haven



Duration: 7 Days / 6 Nights

Theme: Rest – Restore – Reconnect

Group size: Minimum 10 participants

Overview: Discover a sanctuary of serenity in the heart of the African rainforest.

“The Ultimate Retreat Haven” is a week-long immersion in wellness, holistic healing, and sensory reconnection. Surrounded by lush greenery and the gentle rhythm of nature, guests are guided through a curated experience combining spa rituals, mindful gastronomy, forest therapy, movement, and cultural discovery.

Package Includes:

- Six nights at a luxurious hotel featuring stunning rainforest views
- Daily buffet breakfast, as well as flavorful lunch and dinner
- Two signature Djibloho spa treatments
- Morning yoga, guided meditation sessions, and/or aquagym therapy
- Daily “Back to the Earth” rainforest walk
- Traditional Equatorial Guinean cooking and cacao workshop
- Access to the wellness center
- Personal retreat concierge with late check-out
- Domestic air travel and private ground transfers included
- International air transfers and online visa applications are not included. Contact malabo@satgurutravel.com for assistance.
- Optional: Couples’ fertility consultation

Reserve: (+240) 555 301 329 · sales@grandhoteldjibloho.com



7-Day Itinerary

BOOK NOW

Day 1: Arrival – Slow down and connect with your surroundings

- Domestic flight to Bata o Mongomeyen Airport, followed by a private scenic rainforest transfer to Djibloho.
- Warm welcome ceremony with herbal drink and aromatic towels by the Orchard.
- Orientation tour of wellness facilities and nature trails.
- Aromatherapy massage to release travel tension.
- Dinner: Mindful light mixture of international and local cuisine set menu.



Day 2: Awakening the Body

- Sunrise yoga & breathwork in the rainforest garden.
- Breakfast: Tropical fruit bar & cold-pressed juices.
- Midday: Aquagym therapy session in the spa's hydro circuit.
- Lunch: "Taste of Djibloho" wellness menu.
- Afternoon: Optional fishing on the Wele River or cycling along eco-paths.
- Evening: Chef's Table with Malamba tasting and culinary storytelling.

Day 3: Back to the Earth

- Morning: Guided rainforest walk – reconnect with nature's textures and sounds.
- Lunch: Gourmet forest picnic paired with detox infusions.
- Afternoon: Cultural day – Ndong Mba dance performance in a village of Añisok with an elderly storytelling.
- Evening: Signature Djibloho Spa treatment – Rainforest Harmony.
- Buffet dinner



This itinerary can be customized to accommodate the preferences of the group.

Day 4: Mindfulness & Creation

- Morning meditation & journaling for emotional clarity.
- Wellness coaching session on inner alignment.
- Lunch: Plant-based detox menu.
- Afternoon: Traditional cooking with local chefs — learn ancestral recipes and the art of grounding through flavor.
- Buffet dinner.

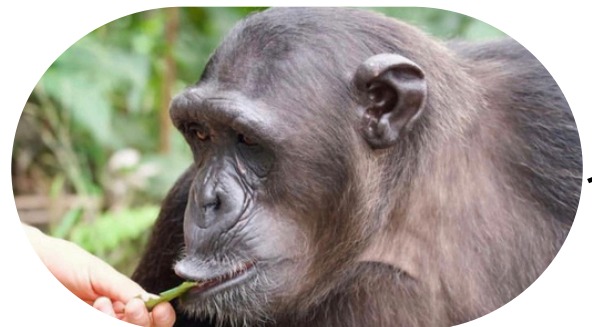


Day 5: Celebration of Self

- Morning golf class or mindful movement on the golf course.
- Midday: Excursion to Finca San Clemente coffee & cacao farm with tasting session.
- Lunch in Bata
- Afternoon: Free time for journaling, reflection, or spa renewal.
- Evening: Sunset lounge experience with local tapas ambient music and tropical mocktails.
- Buffet dinner

Day 6: Flow & Vitality

- Morning: Optional fertility consultation for couples.
- Breakfast: Light energy-boosting options.
- Midday: Guided Back to the Earth walk through Djibloho's lush trails.
- Lunch: Poolside grilled cuisine with herbal teas.
- Evening: Farewell gala dinner — rainforest-inspired menu, live music, and gratitude ceremony celebrating inner peace and renewal.



Day 7: Departure & Renewal

- Sunrise gratitude yoga and herbal tea ritual.
- Breakfast: Final rainforest breakfast experience.
- Check-out coordinated by your Personal Retreat Concierge.
- Transfer to Bata o Mongomeyen Airport for your international flight back home, carrying the essence of calm and reconnection.



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